



April 16, 2021

Hello, Hilltop High School.

We have partnered with Inspire Diagnostics to bring COVID-19 testing to your site for student-athletes and coaches of indoor sports. This testing regimen will use the COVID-19 PCR nasal swab, which can provide results 24 to 48 hours after collection. Inspire Diagnostics will supervise the collection of samples from the students and coaches, transport those collected samples to the laboratory and issue the results to the participants and identified personnel at the school site.

The testing will take place at the school, at your designated day and time:

Hilltop High School
Monday, April 19
7:00 AM to 9:00 AM

Testing should be conducted in large space where participants can line-up while maintaining safe physical distance, such as a pavilion, gymnasium or cafeteria. Site personnel will be responsible for the following set-up:

- 7 to 10 tables (at least 2 tables for registration)
- 5 to 7 trash cans
- 3 to 5 personnel to monitor participants as they line-up
- 2 extension cords and power strips (for the Inspire Diagnostics Team to plug in their laptops)
- 1 point-person, serving a liaison with the Inspire Diagnostics team

Please read carefully through these directions to make the process as manageable as possible.

On-Site COVID-19 Testing Process

Identification of Participants

Student-athletes and coaches of the following indoor sports are required to test weekly: basketball, volleyball, wrestling and gymnastics.

These students and coaches need to be informed of the specific date and time of testing at your site.

Vernon Moore
Chief of Educational Equity and Support Services
vernon.moore@sweetwaterschools.org
619.691.5533

(The testing time is a two-hour block. Each team should be scheduled at a specific interval within the two-hour block. How long testing takes for each participant will depend on how much of the pre-registration process is completed prior to the day of testing.)

Pre-Registration

The pre-registration of students and coaches is critical in expediting the testing process. Pre-registration may be done up to one hour before testing.

The following links have been provided by Inspire Diagnostics for pre-registration:

- **Boys Basketball:**
<https://www.inspiretesting.com/pre/HILLTOP-HS-BBB>
- **Girls Basketball:**
<https://www.inspiretesting.com/pre/HILLTOP-HS-GBB>
- **Boys Volleyball:**
<https://www.inspiretesting.com/pre/HILLTOP-HS-BVB>
- **Girls Volleyball:**
<https://www.inspiretesting.com/pre/HILLTOP-HS-GVB>
- **Boys Wrestling:**
<https://www.inspiretesting.com/pre/HILLTOP-HS-BWR>
- **Girls Wrestling:**
<https://www.inspiretesting.com/pre/HILLTOP-HS-GWR>

Both students and coaches can use the links above.

Parents should complete the pre-registration process for students.

The pre-registration process will ask the participant to submit a mobile phone number. **The mobile phone number entered during pre-registration should be the person who is testing—the student or the coach’s mobile phone number.** On the day of testing, the participant’s identity will be authenticated via a text message sent to the mobile phone number entered during pre-registration.

If participants do not have a mobile phone, then they can complete the attached *Inspire Diagnostics Test Requisition Form*. These forms must be printed out, completed, signed and collected by school officials prior to taking the initial COVID-19 test. If students are using the *Test Requisition Form* instead of the online registration process, a parent **MUST** sign the form prior to the student taking the COVID-19 test.

Participants will only have to complete the online pre-registration process or *the Inspire Diagnostics Test Requisition Form* ONCE, prior to the initial test. After this process is completed, the students and coaches will be registered into the Inspire Diagnostics system and will not have to complete this process for subsequent testing.

The Testing Waiver

FOR STUDENTS ONLY: The attached *Testing Waiver* form **MUST** be printed out, completed and signed by a parent. This *Testing Waiver* must be completed in **ADDITION** to the online pre-registration process or the printed *Test Requisition Form*. The completed and signed *Testing Waiver* **MUST** be returned to a school official when the student takes the initial **COVID-19** test. These forms **MUST** be collected, scanned and stored at the school site. Scanned copies of the collected *Testing Waivers* are to be forwarded to Alex Estrada at eugenio.estradajr@sweetwaterschools.org.

The *Testing Waiver* only needs to be completed and submitted **ONCE**, prior to the initial test. Once students have submitted the signed *Testing Waiver*, they are cleared for subsequent COVID-19 tests from Inspire Diagnostics.

Adults taking the Inspire Diagnostics COVID-19 test do not need to complete the attached *Testing Waiver*.

Testing Day

On the date and time of testing, the Inspire Diagnostics team will arrive at your site. The size of the team will depend on how many students and coaches are scheduled to test that day.

The testing location should be set-up with registration tables, testing tables and trash cans.

Again, teams should be scheduled at specific intervals during the designated testing block. Depending on the time of testing, some students may need to be excused from class to take the test.

Again, the overall testing time will depend on the completion of the pre-registration process as well as how many students and coaches are scheduled to test that day.

Ideally, coaches of the team will be present with their teams during the scheduled COVID-19 testing time. The coaches will assist with monitoring students as they test.

The attached PowerPoint details the Inspire Diagnostics COVID-19 testing process if the participant is using a smart phone. If pre-registered online, the participant should be able to scan a QR code, which will generate a text message to the number entered during pre-registration. That text message will have a verification code. Once the verification code is entered, the participant should be ready to test.

If participants do have a smart phone, they must complete and submit the *Test Requisition Form*. Check that form for completeness and collect it. **REMINDER: Students must have a parent signature on that form in order to that the test.**

Again, **ALL STUDENTS MUST SUBMIT THE TESTING WAIVER IN ADDITION TO THE ONLINE REGISTRATION OR THE TEST REQUISITION FORM IN ORDER TO TAKE THE TEST.**

Again, the registration process and documents only need to be collected for the initial test. Once registration is complete and the documents have been submitted, the participant is registered in the Inspire Diagnostics system for subsequent COVID-19 testing.

The Inspire Diagnostics Team will review the participant's registration and issue the COVID-19 test, as appropriate.

The Inspire Diagnostics Team will collect all PCR testing samples for processing.

Once the sample has been collected, the participant is excused from the testing area.

Results will be provided, via email, to the participants, usually within 24 to 48 hours after collection. Results will also be shared with designated personnel at your site.

After the Test

Coaches and students of indoor sports are required to be tested weekly for COVID-19. COVID-19 protocols must followed for any reported positive cases. Please contact Eidon Hamanlow (eidon.hamanlow@sweetwaterschools.org) for information regarding reporting positive COVID-19 cases.

* * * * *

Other COVID-19 Testing Options

Please note, the Inspire Diagnostics COVID-19 testing is one of many options students and coaches have to satisfy the weekly testing requirement.

Students and coaches may obtain a weekly COVID-19 test through multiple means:

- Personal healthcare provider
- SDSU/Alliance Health COVID-19 Antigen Testing Sites:
(Results are provided at the testing site. Participants must wait for testing results)
 - Tuesdays: **Eastlake Middle School**
 - [Registration Form and consent form link for Eastlake Middle School](#)
 - Wednesdays: **Bonita Vista High School**
 - [Registration Form and consent form Link for Bonita Vista high School](#)
 - Thursdays: **Chula Vista High School**
 - [Registration Form and Consent Form Link for Chula Vista High School](#)
- San Diego County Testing Sites (Sites have varying hours and many you can schedule an appointment. Locally, National City and Chula Vista sites have appointments, though they fill quickly so scheduling soon is advised.)
https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/testing/testing-schedule.html